

Your Pill & Vitamin Pouch Packaging Kit

**POUCH
Packaging**



First



Install the 4 included AA batteries into the heat sealers battery compartment.

Your Medications



Lets say you take 4 medications in the morning (including an 81mg aspirin) and 4 medications in the afternoon. We'll be filling for a 7 day regimen.

Morning Meds



Lets start with our 4 morning meds, tear off 7 pouches (1 week) from the included roll of pouches & on the white side write "morning" on each pouch.

The Filling Tray



Pickup the filling tray and remove the lid, then place the open tray down on the table.

Filling Pill #1



Take your first morning medication and place one capsule into each of the 7 filling slots of the filling tray.

Filling Pill #2



Place your 2nd morning medication into each of the 7 filling slots of the filling tray.

Filling Pill #3



Next is the aspirin, place 1 aspirin into each of the filling slots of the filling tray.

Filling Pill #4



Place your last morning medication into each of the filling slots of the filling tray.

Replace the Tray Lid



Snap on the filling tray lid, the lid chute should be over the first slot of medications.

Opening the Pouch



Pick up one of your morning pouches, rub it between your thumb and your forefinger and the pouch will open.

Filling the Pouch



Turn the tray over and place the chute into the now open pouch and the meds will slide into the pouch.

Sealing the Pouch



Place the open end of the pouch into the sealer and press down. The light will come on for 3 seconds, when the light goes out the pouch will be sealed.

Rotate the Chute



Rotate the chute on the filling tray lid to the second medication filling slot. Then fill the second morning pouch, sealing it when finished.

Finish the 7 Morning Pouches, then the Afternoon Pouches



Finish filling and sealing all 7 days of your morning medication pouches. Follow the same procedure for filling the 7 afternoon medication pouches.

Pouches are Easy to Open



The Pouches are perforated so they are super easy to open.

Morning & Afternoon Pouches



You're Done, it's that Easy!

You have a 1 week supply of morning and afternoon medication filled pouches. Fill noon and evening pouches if needed.